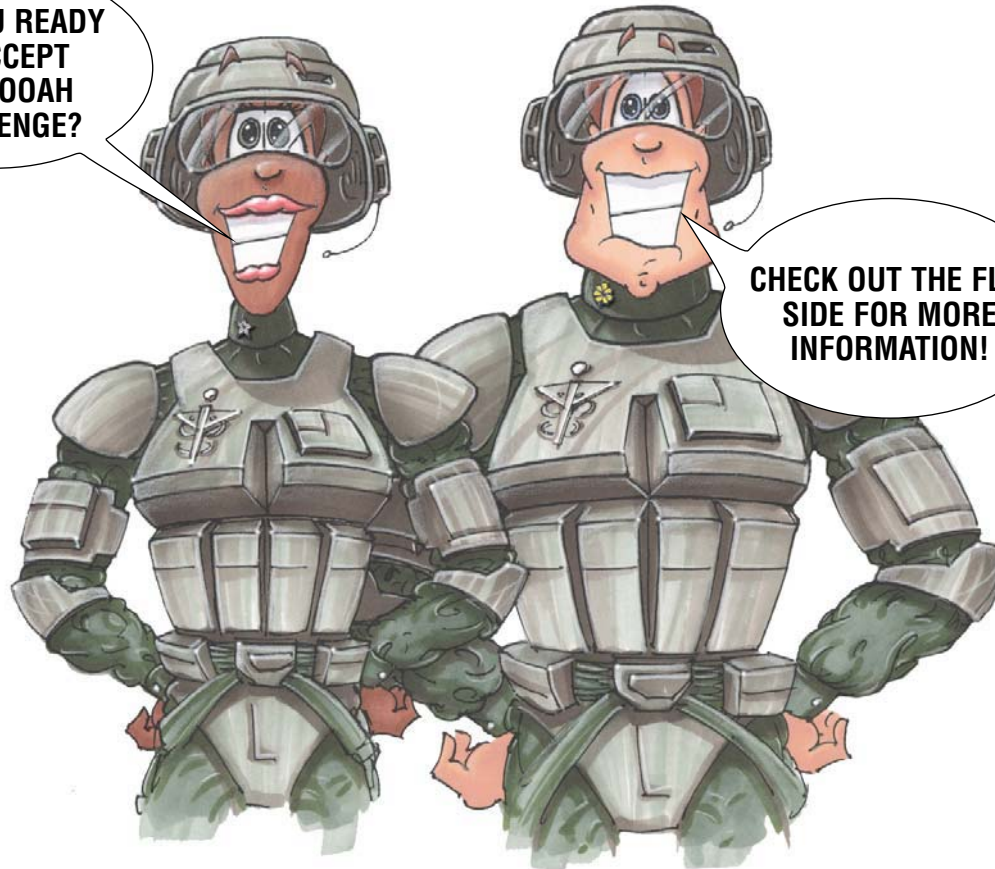


THE HOOAH CHALLENGE

is a web-based,
self paced
correspondence course
based on the educational
information found on the
HOOAH 4 HEALTH
web site. Log on to
www.hooah4health.com
and click on the
HOOAH CHALLENGE!
www.adtdl.army.mil
Course Number IS0831

**ARE YOU READY
TO ACCEPT
THE HOOAH
CHALLENGE?**



**CHECK OUT THE FLIP
SIDE FOR MORE
INFORMATION!**

SOLDIERS...BEFORE YOU REGISTER for the HOOAH CHALLENGE:

Although the H4H Challenge correspondence course can be assessed through the H4H web site, you must register through the Reimer Digital Library (RDL) and take the comprehensive exam through that portal to receive retirement point credit. The course number is ISO831, and you can access the RDL at www.adtdl.army.mil.

- Once at RDL, select Documents.
- Use the scroll bar on the left side to select Correspondence Courses.
- You will then see a listing of all electronic courses/subcourses available
- Look for course number, ISO831.
- Click and access the Welcome page.
- Get enrollment, exam information and links to the distance learning web site.

If the student provides a good email address during enrollment, he/she will receive electronic notification of subcourse completion right away. A hard copy subcourse completion notice follows the email notice via first class mail within approximately 7-10 days after the completion date.

HOOAH 4 HEALTH (H4H) is a U.S. Army-sponsored web-based health promotion and wellness training tool. Although H4H was originally designed specifically for the Reserve Component to accommodate limited training windows, the web site has had fifty-six million visitors Army-wide, DOD-wide, and worldwide since its debut in June 2000.

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